



Cardiff Counseling Center

Individual, Couples & Family Therapy  
Bonnie J. Rumble, MFT • License #MFC 31229  
Locations in Cardiff & San Diego  
760-815-2261 – bonnie@cardiffcounselingcenter.com

### Intake Information Form

Today's date \_\_\_\_\_

Name(s): \_\_\_\_\_ SSN: \_\_\_\_ - \_\_\_\_ - \_\_\_\_ Birth Date \_\_\_\_\_

Name(s): \_\_\_\_\_ SSN: \_\_\_\_ - \_\_\_\_ - \_\_\_\_ Birth Date \_\_\_\_\_

Address \_\_\_\_\_ Email \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Occupation \_\_\_\_\_ Employer \_\_\_\_\_ How Long \_\_\_\_\_

Relational Status \_\_\_\_\_ Name of Spouse/Partner \_\_\_\_\_

How Long Have Both of You Been Together? \_\_\_\_\_ No. of Dependents \_\_\_\_\_

Name of Closest Friend/Relative \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

*THERE ARE TIMES WHEN PRIOR MEDICAL AND PSYCHOLOGICAL RECORDS WILL BE REQUESTED.  
PLEASE MAKE SURE THAT ALL INFORMATION GIVEN BELOW IS CORRECT.*

Do You Smoke? Y N How Much? \_\_\_\_\_ Do You Drink? Y N How Much? \_\_\_\_\_

Do You Take Drugs? Y N If yes, what kind? \_\_\_\_\_ How often? \_\_\_\_\_

Last Medical Examination \_\_\_\_\_ Reason \_\_\_\_\_

Are You Now Under a Doctor's Care? \_\_\_\_\_ If yes, Doctor's name: \_\_\_\_\_

Reason for Doctor's Care: \_\_\_\_\_

Please list Medication(s) & their Dosages you are currently taking: \_\_\_\_\_  
\_\_\_\_\_

Reason for Medication(s): \_\_\_\_\_

Have you ever been hospitalized for a Mental Illness, Personality Disorder, Anxiety Disorder, etc? Describe:

\_\_\_\_\_

Any Previous Therapy/Counseling? Y N If Yes, Name and Phone Number(s) of Therapists: \_\_\_\_\_

\_\_\_\_\_

When and Number of Sessions: \_\_\_\_\_

Type of Therapy/Counseling: \_\_\_\_\_

How referred for therapy? \_\_\_\_\_

What do you wish to achieve with Therapy? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**CHECK ANY OF THE FOLLOWING THAT MAY APPLY TO YOU (AND PARTNER IF APPLICABLE):**

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Headaches          | <input type="checkbox"/> Inferiority Feelings | <input type="checkbox"/> Shy With People                |
| <input type="checkbox"/> Dizziness          | <input type="checkbox"/> Feel Tense           | <input type="checkbox"/> Can't Make Friends             |
| <input type="checkbox"/> Fainting Spells    | <input type="checkbox"/> Feel Panicky         | <input type="checkbox"/> Afraid Of People               |
| <input type="checkbox"/> No Appetite        | <input type="checkbox"/> Fears and Phobias    | <input type="checkbox"/> Home Conditions Bad            |
| <input type="checkbox"/> Over-Eating        | <input type="checkbox"/> Obsessions           | <input type="checkbox"/> Unable To Have a Good Time     |
| <input type="checkbox"/> Stomach Trouble    | <input type="checkbox"/> Depressed            | <input type="checkbox"/> Always Worried About Something |
| <input type="checkbox"/> Bowel Disturbances | <input type="checkbox"/> Suicidal Ideas       | <input type="checkbox"/> Don't Like Weekends/Vacations  |
| <input type="checkbox"/> Always Tired       | <input type="checkbox"/> Take Tranquilizers   | <input type="checkbox"/> Can't Make Decisions           |
| <input type="checkbox"/> Always Sleepy      | <input type="checkbox"/> Alcoholism           | <input type="checkbox"/> Over-Ambitious                 |
| <input type="checkbox"/> Unable To Relax    | <input type="checkbox"/> Dangerous Drugs      | <input type="checkbox"/> Financial Problems             |
| <input type="checkbox"/> Insomnia           | <input type="checkbox"/> Allergy              | <input type="checkbox"/> Gambling                       |
| <input type="checkbox"/> Recurrent Dreams   | <input type="checkbox"/> Asthma               | <input type="checkbox"/> Job Problems                   |
| <input type="checkbox"/> Nightmares         | <input type="checkbox"/> Sexuality Issues     | <input type="checkbox"/> Can't Keep a Job               |
| <input type="checkbox"/> Hallucinations     | <input type="checkbox"/> Sexual Problems      | <input type="checkbox"/> Other                          |

**CANCELLATION POLICY**

Client is responsible for payment of the agreed upon fee for any missed session(s). Client is also responsible for payment of the agreed upon fee for any session(s) for which Client failed to give Therapist at least **24 hours' notice of cancellation**. Cancellation notice should be left on Therapist's voicemail at **760-815-2261**.

*Upon my signature below, I hereby attest that all the information furnished is true and correct.*

Client's Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Client's Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Therapist Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Parental Consent Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

\*Parental Consent if client is a minor

Informed Contract signed (Client's Initials) \_\_\_\_\_ Informed Contract signed (Therapist's Initials) \_\_\_\_\_

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